

Popinjay Spa – Beauty Salon

At the Popinjay Spa we understand how important it is for you to relax and feel pampered, therefore we have a range of beauty treatments and have specifically created Spa Days to make sure you look and feel fabulous.

Treatments available:

- Facial Treatments from **£35.00**
 - Swedish, Aromatherapy and Indian Head Massage Treatments from **£23.00** to relax the body and mind
 - Body Exfoliation and Wraps
 - Jessica Manicure and Pedicure Treatments from **£16.00**
 - Eyelash and Eyebrow Tinting
 - Waxing
 - Fake Bake
 - Make-up
 - Wedding Packages
 - Spa Days
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Opening hours

Tuesday, Thursday, Friday and Saturday **9:30am – 6:00pm**

Wednesday **12:30pm – 9:00pm**

Non Spa members most welcome.

Gift vouchers available for a special gift.

Treatments can be tailored to your individual needs for every occasion.

For more information
or to book a beauty treatment please telephone
Jennifer on 01555 860 590.

Popinjay Spa

Facilities Include

Cardiovascular Gym • Weights Gym

Sauna • Spa • 17m Heated Swimming Pool

Coffee Bar with exclusive '**Spa Menu**'

Popinjay Hotel Spa Beauty Salon – Mosko Hairdressers

Membership Benefits

FREE Induction to Cardio and Weights Room

FREE Fitness Assessment and Lifestyle Consultation

FREE Towel and Locker Key (no coins required)

10% Discount on all Food and Beverage purchased within The Perch Bistro

10% Discount on all beauty treatments (excludes spa days and products)

50% Discount at Mosko Hairdressers on First Visit and **15% thereafter**

Swimming Lessons

Personal Training

Membership Prices

Full	£45.00
Concession	£30.00
Student	£30.00
Swim Only	£25.00
Child (over age of 4) Swim only	£5.00
Corporate	£27.50 – 999
	£37.50 – Scottish Water, NHS, Council

Joint Memberships save **10%** (except corporate)

Annual Memberships save **10%**

OPENING TIMES

Monday – Friday **6:30am – 10:00pm**

Saturday **8:00am – 7:00pm**

Sunday **8.00am – 9.00pm**

KIDS HOURS

10:00am – 12:00pm

3:00pm – 7:30pm

10:00am – 6:00pm

10:00am – 6:00pm

For further information please contact the Popinjay Spa
on **01555 860 590** or email us at **spa@popinjayhotel.com**